

Dating Purpose Statement



Introduction

Communication is a complex process, influenced by various factors all at once. There is no perfect script for any conversation, but you can simplify the process by understanding what you want.

When you memorize what you want, your conversations naturally shift towards topics that allow you to qualify people that fit your interest.

It is difficult to be consistent in the messages you present and statements you make if you have not established a goal. In some cases, when you speak, you can feel that what you are saying may not be accurate while you are saying it. More often than not, your uncertainty is transparent, meaning the person you are taking to will see it.

These issues diminish as the purpose for the relationships in your life become more clearly defined. You need to understand WHAT you want and WHY before you move on to HOW.

This document is designed to help you identify your ideal arrangement.

Section 1 - Sexual Involvement

In regards to being sexual:

- I prefer to be sexually involved
- I prefer a strictly platonic union
- I'm open to either one

Section 2 - Exclusivity

In regards to our interactions with others:

- I prefer to share my time with multiple people and it is fine if they do the same (Open)
- I'd rather focus my energy on one person, but I'm not concerned with their interactions with other people at this point (Open)
- I prefer to share my time with multiple people, but I want them to be exclusive with me (Exclusive)
- I'd rather focus my energy on one person and have the same in return (Exclusive)

Section 3 - Interests

This section serves several purposes:

- It can be used to generate questions to qualify/disqualify people

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- It helps you decide who to approach and you can be sincerer because you have a genuine interest in these activities
- It identifies interests that you can become involved in to make connections with more people

Select the activities/interest that you would like to have in common.

___ Social Events/Parties

___ Educational Support

___ Dancing Partners

___ Financial Support

___ Physical Fitness Partners

___ Spiritual/Religious Support

___ Business Partners

___ Intellectual Conversations

___ Bedroom Partners

___ Traveling Partner

___ Artistic Interests (Musical,
Photography, etc.)

___ Cooking Partner

___ Fashion/Shopping Partner

___ Attending Sporting Events

___ Participating in Sports

Other: _____

Section 4 - Emotional Intensity

In regards to the level of emotional intensity and attachment, I prefer:

___ Minimal emotional involvement

___ Casual/friendly Acquaintances

___ Friends, strictly Platonic

___ Friends, with potential for more

___ Deep emotional connection

___ My soul mate

Section 5 - Frequency of Contact

I prefer to see the person/people I'm involved with:

___ Everyday

___ A couple times a week

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___ Once a week

___ Every couple of months

___ Every few weeks

Section 6 - Length

I prefer for the arrangement to last:

___ While we are both single (temporary)

___ Until it gets too serious (temporary)

___ Known end date (until I move from town, graduate from school, etc.)

___ For as long as we can make it work (long term)

___ Hopefully until marriage and beyond (long term)

Summary Statement

Using your preferences from each section, answer the question, “What are you looking for right now?”
For example:

“It would be ideal for me to have one person that I can focus my energy on. I’m not concerned with whether we are sexually involved or not, as long as we can have intellectual conversations and do something social a couple times a week. I believe in starting off as friends and seeing how it develops. As long as it works for both of us, we can do it on a continuous basis and see where it takes us.”

Memorize your Dating Purpose Statement immediately and adjust it as your needs change.
